

# Tea Club Provision

Tea club offers children the opportunity to eat with their friends whilst extending their session time. By attending Tea Club children will learn the following:

## Independence

Children will be encouraged and supported to do the following:

- Serve themselves food using serving spoons or tongs
- Cut their own food
- Pour their own drink or use the water cooler

## Health and Hygiene

Children will be encouraged and supported to:

- wash their hands so they are ready to eat
- wash the plates and cutlery

## Recycle

The children will learn which bin their waste needs to go in:

- Black Bin: non-recyclables
- Green Bin: recyclable

*Whilst we promote children's independence staff will always support children with the above tasks.*



Heath Lane Nursery

COMMUNITY · EDUCATION · DEVELOPMENT

## Tea Club



Roots Federation

EDUCATIONAL EXCELLENCE FOR EARLY YEARS

# Tea Club Information

Children are served with a light tea every evening. They are offered a varied menu and are expected to take part in the preparation and organisation of the meal time.

## SAMPLE OF MENU

- Beans on toast
- Quorn pieces and salad
- Pasta with a range of sauces
- Cheese wraps

*Fruit is always available*

## SKILLS TAUGHT

- chopping
- spreading
- grating
- peeling



# The Routine

The children attending tea club gather at the end of the afternoon session. The routine is as follows:

- They spend sometime taking part in an activity with friends
- Wash their hands
- Set the table
- Eat their tea!

The children eat with friends and are encouraged to be as independent as possible with serving their tea and feeding themselves using utensils.

When they have finished eating they:

- Wash their plate and cup
- Choose whether to play inside or outside and select from a range of activities.