

Snack Provision

The snack area offers children the opportunity to eat with their friends during the session time. Children will learn the following:

Independence

Children will be encouraged and supported to do the following:

- cut their own fruit
- Pour their own drink or use the water cooler

Health and Hygiene

Children will be encouraged and supported to:

- wash their hands so they are ready to eat
- wash the plates they put their packed lunch onto so that it is ready to use again

Recycle

The children will learn which bin their waste needs to go in:

- Black Bin: non-recyclables
- Green Bin: recyclable

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Heath Lane Nursery

COMMUNITY · EDUCATION · DEVELOPMENT

Snack Provision



Roots Federation

EDUCATIONAL EXCELLENCE FOR EARLY YEARS

Snack Information

We realise the importance of providing a range of healthy foods to children in our school so we fully fund snack provision. We carefully choose a range of food to ensure children can make an informed choice based on their preferences.

SNACKS AVAILABLE

We offer a wide range of foods including:

Typical fruit items: apples, satsumas, bananas, pears

Dry food: rice cakes, crackers, toast

Vegetables: broccoli, snap peas, carrots

FOOD OF THE WEEK

We endeavour to broaden the range of food that children are exposed to. We always offer 'Food of the Week;' a more unusual item. This can be linked to the season, a book or a religious celebration. Previous foods have included pumpkin, butternut squash, cauliflour and many more...

ALLERGIES

All children with known allergies will have a health care plan in place. All staff will be aware of these and allergies will be clearly displayed in the snack areas and any other areas where children eat.



The Routine

We operate a rolling snack. This means that the snack area is open for children to access whenever they chose during the 'Discover and Do' session in the morning and afternoon. There is fresh water and food available. There is always an adult in the area to:

- promote health and hygiene routine
- minimise the risk of choking
- model using tools and equipment safely and effectively
- encourage independence

